

Should I be Anxious about Tomorrow? Discussion Questions

Matthew 6:25-34

1. What are the top three things you worry about?
2. How can someone have money, but not put his confidence in it?
3. How do we put our confidence in God instead of our money?
4. Why is it important for us not to worry?
5. Who is God that we can trust Him with the things we need and not worry about them?
6. How has God provided for you?
7. How can birds remind us God will provide for us?
8. If worry doesn't accomplish anything positive, why do we continue to worry?
9. If you looked at a field of flowers, how would you say they are better than Solomon in his finest clothes?
10. What did the fields or flowers do to get this benefit?
11. What difference is Jesus making between these three illustrations? What is the main theme of all of them? Why is it important for us to understand this?
12. Does Jesus mean we should not work? Why or why not? What does He mean?
13. How does worrying about stuff show we are not trusting God completely? How is it like a slap to His love and integrity?
14. What does it mean to seek the kingdom of God and His righteousness?
15. What is the difference between facing problems with faith and facing problems with anxiety.
16. Which of the three points from Dr. Linda Mintle was most useful to you? Why?
17. Which of the following verses would be most useful for you to help during times you worry? Why? Matthew 11:28-30, Philippians 4:6-7, Psalm 56:3, and 1 Peter 5:7.
18. Will you memorize the verse you choose before our next meeting so you can remind yourself not to worry when you start to worry?