

Break Free from Temptation Note Answers

1 Corinthians 10:13-14

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Main Point: Temptation is defeated by quickly responding to God's help.

What is temptation?

- An _____ to sin
 1. Sin is a violation of _____ standards.
 2. The person who always trusts his or her own desires to be wholesome is _____ and needs to start viewing life from God's perspective (James 1:14-15).
- The _____ to have or do something you know you should avoid.
- An _____ to do something wrong by offering a promise of pleasure or gain.
 1. Temptations are _____ that we allow to influence us.
 2. What we think will be good for us is not always _____ (Jeremiah 17:9, Mark 7:21-23).
 3. God wants you to be able to _____ the temptation because He loves you and knows the pain, guilt and suffering that comes by giving into temptation.

Know these truths about temptation

- Temptations seek to _____ you.
 1. This word means to get hold of or to _____.
- Your temptations are not _____.
 1. Jesus Christ can sympathize with your weaknesses and temptations (Hebrews 4:15).
- God faithfully offers to help those who _____ to break free.
 1. Sometimes we do not want to break free.
 2. If you want to break free, God is _____ there to help you and as a loving heavenly father, He wants the best for you (2 Timothy 2:13, 1 John 1:9).
- Temptation has _____ intensity.
 1. God will not let you be tempted _____ your ability.
 2. With God's _____ we do not have to give into temptation.
 3. Sometimes it feels like God gives us more than our ability.
 - If we are concentrating on our _____ and not processing the temptation God's way, our focus is on the wrong thing.

- We are often habitual in our reactions to things. We must _____ to do things God's way instead.

Misconceptions about temptation

- Being tempted is the same as _____.
 1. We are only guilty if we give _____ the temptation and violate one of God's standards.
- My relationship with God is _____ if I am tempted.
- If I am spiritual then I will not be _____ by temptation.
 1. Being spiritually mature allows you to have more spiritual _____ to use for resisting temptation.
 2. Where there is sin, there will be temptation.
- I am _____ over temptation and sin.
 1. This is only true if you are not _____ on your relationship with God to help you.
 2. If we try to resist in our own power, we will find ourselves surrendering to temptation.
 3. With God's help and a proper perspective, you are _____ powerless with temptation.
- There is no way to be _____ for temptation.
 1. There are many passages in Scripture that are _____ and given by God specifically to understand and overcome temptation.
 2. God cares enough to instruct. We must care enough to _____ and obey.
- If I pray during a temptation, then the urge to sin will _____ go away.
 1. God wants us to _____ in resisting temptation.
 2. Prayer is always a _____ thing.
 3. God wants us to _____ how to bring our feelings and expectations into obedience to His truth.
 4. Temptation diminishes because we _____ our way through it God's way, and then replace it with something wholesome.

Use these truths during temptation

- Be _____ to God's way of overcoming temptation.
 1. There is a specific way that God knows will ultimately give you freedom to go through the temptation to a place of victory.
 2. Most often it comes in the form of a _____, that gives what action you must take to resist and break free from temptation.
 3. He may use the _____ of another person.
 4. He may remind us of a _____ or sermon or conversation that gives the way of escape.

5. We must grow in our ability to _____ it rather than focusing on the intensity of the temptation.
- _____ action is required to break free of temptation.
 1. Our indecision or wrong decisions can be _____ with temptation.
 2. With every temptation there is a _____ that something good will happen if we give in.
 - Choosing the escape action creates _____ power to the temptation.
 1. Endure means to _____ from underneath, to undergo hardship.
 2. Part of God's help is to _____ you to go through the action steps – to go through the temptation and be successful in resisting.
 - _____ anything that seeks to usurp God.
 1. Every temptation seeks to _____ you from God or diminish His importance.
 2. Every temptation is an assault on your _____ to God.

What is Idolatry?

- To some, it's when a person allows something that is created to be worshipped and given allegiance above the Creator.
- Idolatry is placing anyone or anything _____ God in importance.
- We are tempted to let _____ kinds of things become more important to us than God.
- How do I know if I have let something become more important than God?
 1. For a Christian, the Holy Spirit has already pointed those things out to you and continues to do so.
 2. He _____ us of things in our lives that seek to replace God or become more important than Him.

Action Steps

- Choose to resist temptation.
- Look for the way of escape and take it.
- Run from things that diminish God in your life.

Temptation is defeated by quickly responding to God's help!