

Break Free from Temptation Discussion Questions

1 Corinthians 10:13-14

Reverend Tim Green

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1. Read 1 Corinthians 10:13-14. Of all the temptations you face, which one is your strongest temptation?
2. What efforts do you use to fight your temptation? Do you usually succeed or fail at your temptation?
3. Read James 1:14-15 and Jeremiah 17:9. Why can't we trust our own desires?
4. What are some reasons we fall for temptations that come our way?
5. How do temptations seek to dominate us?
6. Does it make you feel better, knowing the temptations you face are not unique? Why or why not?
7. Do you want to break free of your temptations? What are some reasons people don't want to break free from them?
8. Read 2 Timothy 2:13. Why is God's faithfulness important to us when it comes to temptations?
9. What does it mean that "God will not let us be tempted beyond our ability?"
10. Why does it sometimes feel like He does? How can our feelings be wrong in this matter?
11. Do you find yourself believing in any of the common misconceptions about temptation? If so, which one(s)? Why is this particular misconception wrong? How can you remind yourself of this when you are tempted?
12. How can you find the way of escape?
13. Why is immediate action important?
14. How can indecision or wrong decisions be deadly when it comes to temptation?
15. How are temptations a lie? Why do we believe these lies?
16. How does choosing an escape action limit the power of a temptation?
17. Why doesn't God remove or eliminate temptation from our lives? What value do they have in our spiritual growth?
18. How is temptation an assault on your devotion to Christ?
19. What does idolatry have to do with temptation?
20. What in your life is your idol? How can you remove this idol and put God in His proper place?