

# Sunday is the Son's Day Discussion Questions

Exodus 20:8-11

Rev. Brian Bill

May 22-23, 2021

1. How do you currently "Remember the Sabbath day, to keep it holy?"
2. How do we make a day holy?
3. Why is it important to stop our normal work routine for a day and rest? How is this rest a gift?
4. Read Isaiah 40:28 and Exodus 31:17. If God doesn't grow weary, why did He rest on the seventh day? If God found value in resting one day, do you think there is value to you resting one day of the week?
5. Read Genesis 2:15 and 2 Thessalonians 3:10. What are we supposed to do for six days a week? Why is it important to work? What difference did the curse make to the work we do?
6. How do our checkbooks and calendars reveal our values? What is your checkbook and calendar say about your values?
7. How does taking one day to worship God and rest show that you trust God? How is this the same when it comes to tithing your money? What are we saying when we don't set aside a day or don't give our tithe so we can pay bills?
8. What benefits do you receive by remembering the Sabbath and gathering with other believers to worship God?
9. Does this commandment mean we should do more than just attend church? Why or why not?
10. Read Galatians 4:9-11 and Romans 14:5-6. Why aren't we obligated to keep the calendar feast days or the Saturday Sabbath? What was the point of these feast days and the Saturday Sabbath? How are these filled today?
11. Which day of the week do you unplug to rest? If not, why don't you? How can you get your calendar back into the work rest rhythm God established?
12. What disciplines will you start to revere God on one specific day? What do you do to make your sabbath special and different from all other days of the week?
13. What do you need to stop doing or start doing to show you are ready to rely on the Lord?
14. How are you tithing your time for God's work?
15. How do you prepare yourself for worship?
16. What can you do to slow down the pace of your family?